

Ohio Race Walker
3184 Summit Street
Columbus, Ohio 43202



OHIO RACEWALKER

VOLUME XI, NUMBER 3

COLUMBUS, OHIO

MAY 1975

KNIFTON OVERCOMES STRONG 15 KM FIELD

Chicago, May 24—Dr. John Knifton poured on the pace over the final 5 km to take the NAAU Senior 15 Km walk at Riis Park today. Locked in a tight dual with Bob Henderson and comebacking Tom Dooley at the 10 Km mark, the NYAC ace ignored the hot conditions and left his rivals well in arrears as he came home in 70:54. With the temperature in the low to mid 80's during the race, the first time the walkers have faced the heat in this cool spring, this was an excellent performance.

The race was held on a .77 mile loop on a sidewalk through the park. One fairly taxing hill, plus little shade on the hot, cloudless day, made it a rather demanding course for the 28 who faced the starter. The race quickly broke up with Knifton, Dooley, Henderson, and Augie Hirt moving away from the field after the first lap. Another group of Larry Young, Ron Daniel, Al Schrik, and Mike Hale also separated from the rest of the field, which was strung out behind.

Hirt lost contact with the leaders in the third mile and it became a 3-man race. After 8 laps (10 Km plus 110 yards) Knifton was leading in 47:34 with his two challengers but one second behind. At this point, John opened up with a 5:49 lap (compared to 5:58 on the previous one) and quickly opened up 13 seconds on Dooley and 19 on Henderson, who both started to slow at the same time. Stepping up another notch, John covered the 10th lap in 5:42 and sewed up the race as he led Dooley by 37 seconds and Henderson by 48. Dooley had no trouble holding off Henderson as both managed to get back under 6 minutes on their final lap. It was a good race for Dooley who has been essentially out of competition since the '72 Olympics, undergoing surgery on his legs a couple of times during that period. He was also marked just a few weeks before the race, but who knows what effect that may have had on his race.

Should be married. A Freudian slip, perhaps?

Larry Young, admittedly short on condition at this point, looked good and managed to get away from Hirt over the last 5 Km for fourth spot. Augie, nonetheless, had easily his best race to date at this short of a distance as did Al Schrik, who was gaining on him at the finish. Al, who had managed just a 1:47 20 km 3 weeks earlier, just missed 8 minute miles and was the only one praising the weather after the race. Some like it hot.

The strong performance by this Columbia Track Club threesome was good enough for the team title by one point over the NYAC. They pulled away from a fading Ron Daniel in the closing miles to seal the fate of the Metropolitan crew as Ron Kulik's strong move through the field never quite caught Daniel, let alone the boys from Missouri. Just behind Daniel and Kulik was Mike Hale looking very strong to take third in this third 3-man race.

FIRST CLASS MAIL

And believe it or not a couple more minutes back was yet another 3-man race. Bill Walker won this one, establishing a 50 yard lead early and then withstanding the assault of Mike DeWitt who moved easily away from a sagging ORW editor over the last 2½ laps. Behind them, Paul Stewart led the U.S. Merchant Marine Academy team, here all the way from Kings Point, L.I., and Jerry Bocci, just getting back into walking again, trudged home in 14th. Complete results:

1. John Knifton, NYAC 70:54 2. Tom Dooley (I think he said they have a new club, but I forget the name) 71:36 3. Bob Henderson, UCTC 71:54 4. Larry Young, Columbia TC 74:07 5. Augie Hirt, CTC 74:37 6. Al Schrik, CTC 74:51 7. Ron Daniel, NYAC 76:14 8. Ron Kulik, NYAC 76:27 9. Mike Hale 76:44 10. Bill Walker, Motor City Striders 78:26.4 11. Mike DeWitt 78:39 12. Jack Mortland, Ohio TC 78:54 13. Paul Stewart, USMMA 80:57 14. Gerald Bocci, Motor City Striders 81:39 15. Lance Herold 81:55 16. Dan Fitzpatrick, Green & Gold 82:39 17. Mike Dulke, USMMA 83:37 18. Jim Eeitenbacher, CTC 83:54 19. Tom Ambury, USMMA 84:08 20. Matt Szczesiul 88:49 21. Donald Finney 89:19 22. George Lattarulo, North Medford Club 92:36 23. Mark Treger, G&G 94:16 24. Art McLendon, UCTC 102:10 25. Ken Ross 107:56 26. Herbert Davis 108:30. Teams: 1. Columbia TC—15 2. NYAC—16 3. Motor City Striders—44 4. USMMA—49 5. UCTC—53 6. Green & Gold—64. Judges: Joe Tigerman, Mike Riban, Jeanne Bocci.

MIKE YOUNG WINS JUNIOR 15

Portland, Ore., May 4—Mike Young, a newcomer from the Colorado TC, took the lead just after 5 km and was never headed as he went on to win the NAAU Junior 15 Km today in 1:25:49.8.

The early leader was Jim Bentley, but he suffered leg cramps at about 6500 meters and dropped out at 11 km. Young was joined by Dan Pierce, of the U. Of Washington and Bothell TC, as he moved into the lead and was still only 1 second ahead at 10 km. Pierce faded badly the last 5, however, and was overhauled by Scott Massinger, who also gained on Young. It was a bad day for the Bentley's as Brad suffered with a nose bleed throughout the race, as he had through the previous night, and was well below par. The results:

1. Mike Young, Colorado TC 1:25:49.8 (27:25, 55:25) 2. Scott Massinger, Beaverton HS 1:27:08 (28:14, 58:23) 3. Dan Pierce, Bothell TC 1:27:55 (27:25, 55:26) 4. Brian Conway, Linfield College 1:32:57 5. Brad Bentley, Beverly Hills Striders 1:42:30 6. Steve Bentley, BHS 1:52:13 7. Greg Bentley, BHS 1:56:49

DETAILS ON LADANY'S 75 KM WIN

West Long Branch, N.J., April 20 (from Elliott Denman—partial results last month)—Dr. Shaul Ladany of the Israel Olympic Team shrugged off one of the strongest challenges of his long-distance walking career and went on to win the NAAU Senior 75 Km championship race in record time.

Dr. Ladany, who has been undefeated in his many long distance races in the U.S. over the last 10 years (Ed. Not really true since he dropped out of the 100 Miler on one occasion, I believe) circled the quarter-mile Normouth College track at a relentless pace for 184 laps and went on to lower his American all-comers record to 7:22:20.

The big Challenge came from 23-year-old University of Tennessee physical education graduate student Dan O'Connor, of Wantagh, N.Y., who sprinted ahead of Ladany after 20 miles and stayed there for 15 more miles. Stomach pains, however, forced O'Connor into a prolonged "pit stop" at the 35-mile mark and he never got back into the lead. O'Connor had the important consolation of being the first U.S. citizen over the finish line, getting a citizen's record of 7:39:49 and winning the NAAU Class B title for non-winners of previous events.

"Certainly I was worried about O'Connor," said Ladany later. "He looked very strong and I'm not really in the shape I'd hope to be in." He has been training seriously for this race only 6 weeks and follows a busy schedule commuting from his New York residence twice a week to Philadelphia where is a professor of industrial management at Temple University.

Bill Walker of Detroit, who recently set a U.S. citizen's 50-mile walking record, landed third place in 7:48:02, while fourth went to Tom Knatt of the North Medford Club, who dogged Shaul's heels for the first 10 miles before fading, in 8:07:47. In all, there were 14 finishers out of the 22 starters with Don Johnson capturing the Master's title in 8:54:17. (Don reports he pulled off a pot hunter's dream with 4 medals, 3 championship patches, and a plaque for one race. These were for 4th in the B race, 1st Master, plus Senior Team and Master's Team Championships. Eat your heart out Ron Laird.) The results:

1. Shaul Ladany, LIAC 7:22:20 (10 Km splits: 55:03, 1:50:50, 2:47:09, 3:47:26, 4:49:08, 5:51:43, 6:51:50) 2. Dan O'Connor, LIAC (56:00, 1:54:01, 2:47:30, 3:45:30, 4:46:42, 6:01:19, 7:05:15) 3. Bill Walker, Motor City Striders 7:48:03 (58:12, 1:55:14, 2:51:55, 3:53:05, 4:59:06, 6:03:22, 7:13:51) 4. Tom Knatt, NMC 8:07:47 (55:46, 1:51:53, 2:50:08, 3:55:28, 5:04:23, 6:16:56, 7:29:47) 5. Alan Price, Travelers Club, Wash. DC 8:17:41 6. Tom Ambury, USMMA 8:27:07 7. Chuck Hunter, Colorado TC 8:44:05 8. George Lattarulo, NMC 8:52:28 9. John Fredericks, Shore AC 8:54:12 10. Don Johnson, Shore AC 8:54:17 11. Bruce MacDonald, NYPC 9:06:39 12. Bob Falciola, Shore AC 9:13:20 13. Elliott Denman, Shore AC 9:19:35 14. Alan Wood, Shore AC 10:30:58

Behold! Here are many, many more results as the racing starts to get heavy:

- 5.5 Mile, Lowell, Mass., April 23—1. Dennis Slattery 46:57 2. George Lattarulo 47:23 3. James Regan 47:38 4. Mike Regan 48:40 5. Kevin Ryan 58:15 6. Peter Ansara 63:45 7. Sig Podlozny 63:47 8. Fred Brown Sr. 69:12 9. Buddy Slattery 71:10 KEAAU 10 Km, Concord, Mass., April 26—1. Tom Knatt 47:45 2. Dennis Slattery 47:56 3. Francis Maher 49:05 4. Paul Schell 51:04 5. Keith Ryan 51:05 6. George Lattarulo 52:39 7. James Regan 52:40 8. Mike Regan 53:42 9. John Spinney 59:51 10. Robert Leaver 60:35 11. Peter Ansara 68:59 12. Sig Podlozny 69:10 13. Fred Brown Sr. 73:41 7.5 Mile Handicap, Cambridge, Mass., April 30—1. Charles Scott 73:12 2. George Lattarulo 64:00 3. Tom Knatt 61:01 4. Francis Maher 62:25 5. Dennis Slattery 62:10 6. Keith Ryan 64:14 7. James Regan 66:50 8. Tony Medeiros 67:55 9. Mike Regan 69:10 10. Sig Podlozny 87:40 11. Fred Brown Sr. 89:14 12. Peter Ansara 93:40 13. Buddy Slattery 94:41 7.5 Mile, Cambridge, Mass., April 30—1. Dennis Slattery 61:44 2. Francis Maher 61:52 3. Keith Ryan 63:35 4. Steve Reiman 65:42 5. James Regan 67:55 6. Mike Regan 68:10 7. Tony Medeiros 69:32 8. George Lattarulo 73:10 9. David Jolliff 73:20 10. Sig Podlozny 91:55 11. Fred Brown Sr. 93:00 12. Peter Ansara 96:55

5.5 Mile, Lowell, May 7 (Hdep)—1. James Regan 47:25 2. Mike Regan 48:33
 3. Tony Medeiros 47:59 4. Keith Ryan 44:15 5. Dennis Slattery 44:19
 6. Fred Brown Sr. 61:03 7. George Lattarulo 48:07 8. Peter Ansara 61:12
 9. Sig Podlozny 63:12 10. Ruddy Slattery 67:27 10 Mile, Lowell, May 11—
 1. Dennis Slattery 1:27:03 2. Keith Ryan 1:27:49 3. Tony Medeiros
 1:34:00 4. Peter Ansara 2:01:05 5. Sig Podlozny 2:07:55 6. Fred Brown
 2:08:35 5.5 Mile, Lowell, May 21—1. Fred Brown Sr. 60:30 2. Dennis
 Slattery 44:54 3. James Regan 48:25 4. Tony Medeiros 49:31 5. Keith
 Ryan 46:27 6. Peter Ansara 64:20 7. Buddy Slattery 66:52 8. Mike Regan
 55:55 9. Sig Podlozny 72:30 (Obviously time for ol' Sig to retrench
 again) 1 Mile, Kings Point—1. Jack Boitano, Stratford Spartans 7:09.8
 (This was April 29, I forgot that) 2. Tom Ambury, USMMA 7:43 3. Mike
 Dulke USMMA 7:47 4. Mo Mohave, USMMA 8:42 Harry W. Rappaport 20 Km Walk
Westbury, N.Y., April 13—1. Bob Falciola, Shore AC 1:43:56 2. Jack
 Boitano, Stratford Spartans 1:46:23 3. Tom Ambury, USMMA 1:49:21 4.
 John Shilling, NYPC 1:49:27 5. Allen Price, Travelers Club 1:49:37
 6. Ion Barbu, LIAC 1:51:07 7. John Leonard, Plattsburg State 1:53:58
 8. Mike Dulke, USMMA 1:58:42 9. Bill Omeltchenko, NYPC 2:04:23 10. Mike
 Dragonetti, LIAC 2:24 12. Ed Granowitz 2:26:17 Dr. Isadore Bloom Memor-
ial 10 Km, Kings Point, April 27—1. John Knifton 45:43 (7:18, 14:38,
 22:00, 29:21, 36:40, 44:07) 2. Bob Kitchen, D.C. Striders 46:50 (7:16,
 14:44, 22:23, 30:40, 45:15) 3. Ron Kulik, NYAC 48:35 4. Jack Boitano
 Stratford Spartans 52:49 5. Ion Barbu, LIAC 52:49 6. John Shilling, NYPC
 53:36 7. Larry Newman, LIAC 53:44 8. John Leonard, Plattsburg State
 53:52 9. Allen Price, Travelers Club 53:55 10. Tom Ambury, USMMA 54:40
 11. Mike Dulke, USMMA 55:31 12. Bruce MacDona ld, NYPC 66:07 13. Howie
 Jacobsen, LIAC 56:42 14. Bill Omeltchenko, NYPC 59:19 15. Bill Rowland
 Norwalk, Conn. 61:02 16. Howie Davenport, USMMA 62:38 17. Ed Granowitz
 68:09 Women's 3 Mile, same place—1. Mary Hart 28:15 2. Eileen Smith
 31:09 3. Mary Foster 32:55 4. Gloria Mauro 35:12 5. Claudia Silva 37:39
Shore AC-Penn AC 10 Mile, Browns Hills, NJ, April 27—1. Bob Falciola
 1:26:30 2. John Fredericks, Shore AC 1:28:16 3. Bob Mimm, Penn AC
 1:29:27 4. Ron Salvio, S 1:30:09 5. Sandy Turner, S. 1:36:29 6. Don
 Johnson, S 1:36:30 7. George Braceland, P 1:37:45 8. Cliff Mimm, P
 1:39:31 9. Fred Spector, S 1:39:55 10. Elliott Derman, S 1:41:31 11.
 Bill Hakulich, P 1:42:53 12. Sam DeLosSantos, S 1:49:50 13. George Gar-
 land, S 1:52:08 14. Dave Proven Jr., P 1:54:47 15. Paul Walkovic, P
 2:01:42—Shore 78, Penn 134. 10 Mile, Seaside Heights, N.J., May 4—1.
 John Knifton 1:17:29 2. John Fredericks 1:19:23 3. Bob Falciola 1:21:38
 4. Ron Kulik 1:25:11 5. Bob Mimm 1:25:15 6. Alex Turner 1:30:16 7. Don
 Johnson 1:32:35 8. Roger Barr 1:32:42 9. Bob Carlson 1:33:47 10. Cliff
 Mimm 1:33:48 11. Bill Hakulich 1:34:06 12. Fred Spector 1:35:47 13.
 Mark Rauscher 1:36:30 14. George Garland 1:44:56 15. Sam DeLosSantos
 1:45:06 16. Clarence Swain 1:45:07 (23 finishers) 10 Km, Washington, Pa
April 5—1. Gary Bywaters 56:31 2. Don Ganassi 63:03 3. Mike Rancheck
 63:20 4. John Ziemle 66:41 5. John Mahoney 80:05 Women's 5 Km, same
place—1. Beth Harwick 32:03 2. Athena Monios 32:18 3. Ruth Ann Rad-
 osevich 33:48 2 Mile, Detroit, May 2—1. Bill Walker 15:36.8 2. Matt
 Szesziul 17:37 3. Don Finney 18:05 6 Mile, Detroit, May 11—1. Bill
 Walker 49:31 2. Jerry Bocci 53:34 3. Leon Jasionowski 54:42 4. Matt
 Szesziul 55:10 5. Don Finney 55:44 Women's 1 Mile, same place—1. Sandy
 Almeranti 9:58 2 Mile, Midland, Mich., May 17—1. Matt Szesziul 16:53
 2. Don Finney 17:42 3. John Dawe 17:54—Bill Walker also wins age group
 runs (30-39 years) with 16:31 for 5 Km (track) and 38:20 for 7 miles (road)

MEXICANS ARE TOUGH, TOUGH, TOUGH—DEFEAT CANADA

Toronto, May 25 (From Roman Olzewski)—Canadian walking enthusiasts were treated to a rare display of flawless race-walking technique as the Mexican National team visited Toronto's Centre Island for a dual match with Canada.

In the Senior Men's 20 Km event, Mexico's Raul Gonzalez, ranked 8th in the World in 1974, took advantage of almost ideal conditions to walk a world-leading 1:27:30.6 effort. Teammate Pedro Aroche led to almost the 15 Km point but faded badly in the final few kilometers to finish second in 1:30:06.6. Domingo Colin completed the Mexican sweep.

Marcel Jobin led the Canadians by posting his second fastest time ever and the fastest time by any Canadian since 1969. His effort of 1:33:40.4 was well under the Canadian Pan American standard of 1:36:00. Never-aging Alex Oakley, at 47, proved that he is going to make a fight of it for a spot on the Pan Am team by walking 1:38:08.8. Oakley still holds the Canadian track record of 1:34:10.8 set almost 12 years ago.

The 10 Km event could not officially be designated as a Junior contest as the ages of the three Mexicans ranged from 20 to 22. Here again, the Mexicans swept the first three places. Daniel Bautista and Enrique Vera battled each other to produce the excellent times of 42:34 and 42:48. Neville Conway was the first Canadian, his time of 48:00 being the best performance ever by a Canadian Junior but not being even close to the third place time of 43:54.8 posted by Angel Flores. Though well back, all of the other Canadian Juniors in the race also set personal bests.

Having had virtually no walking program until about 10 years ago, the Mexicans, under the direction of National Walking Coach Jerzy Hausleber, from Poland, have now established themselves as one of the top nations in the world. The Mexican program stresses the limbering up aspect, and this results in the tremendous degree of hip mobility so apparent in their styles. All of the present team members are also capable of walking the 50 Km distance, Gonzalez being No. 1 with a best time of 4:07. Canada is only the first stop for the Mexican team; they next leave for England, to be followed by stints in Spain, Poland, Denmark, and Belgium.

10 Km: 1. Daniel Bautista, Mex. 42:34 (2½ Km splits: 10:24, 21:03, 31:36)
 2. Enrique Vera, Mex. 42:48 (10:24, 21:01, 31:50) 3. Angelo Flores, Mex. 43:54.8 (10:38, 21:36, 32:39) 4. Neville Conway, Can. 48:00 (11:18, 23:23, 35:43) 5. Pierre Leblanc, Can. 49:23 (11:40, 24:10, 36:46) 6. Luc Munard, Can. 50:04 (12:06, 24:42, 37:23) 7. Brian Burke, Can. 51:14.6
 8. Claude Filteau, Can., non-scoring 51:35.4
 20 Km: 1. Raul Gonzalez, Mex. 1:27:50.6 (22:00, 44:12, 1:06:02) 2. Pedro Aroche, Mex. 1:30:06.6 (22:01, 43:47, 1:06:16) 3. Domingo Colin, Mex. 1:31:07.6 (22:30, 44:51, 1:07:40) 4. Marcel Jobin, Can. 1:33:40.6 (22:42, 46:05, 1:09:47) 5. Alex Oakley, Can. 1:38:08.6 (23:30, 48:04, 1:13:03) 6. Pat Farrelly, Can. 1:39:06.4 (23:53, 48:37, 1:13:47) 7. Helmut Boeck, Can. non-scoring 1:39:52.6 (23:54, 48:38, 1:13:48) 8. Yvon Groulx, Can. n.s 1:42:15.2 9. Frank Johnson, Can. n.s 1:43:04.4 DNF—Karl Merschens 1:16:50 at 15, Glenn Sweazey 1:17:04 at 15, Joel Dada 56:27 at 10.
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Back to other results: Wis. State University 2 Mile, Stevens Point, May 3—1. Bill Hamilton, Whitewater 14:46 2. Fred Kuhn, Stout 15:21 3. O'Connell, LaCrosse 15:36 4. Niehaus, Stevens Point 15:42 5. Moodie, River

Falls 15:46 6. Anderson, River Falls 15:47 7. Zielinski, Stevens Point 16:28 9. Baker, Eau-Claire 16:38 10 Km, Whitewater, Wis.,—1. Jim Heiring Parkside ? 2. Bill Hamilton, Whitewater 50:02 3. Chris Harsen, Parkside High School 1 Mile, West Allis, Wis., May 16—1. John VanDenBrandt, Appleton East 7:01.9 2. Mike O'Malley, West Allis Hale 8:01.4 3. Nick Jelich West Allis Hale 8:03 4. Bob Mielke, West Allis Hale 8:03.7 5. Jim Hanke, Hamilton 8:40 6. Eric Strandt, Greendale 8:58.9 7. Brett Goll, Muskego 8:59.5 8. Mike Michalski, Cudzyh 8:59.7 9. John Zalewski, Hamilton 9:15.2 10. Dave Winak, Wauwatosa West 9:15.3 NAAU MASTER'S 10 KM CHAMPIONSHIP, KENOSHA WIS., MAY 17—1. John MacLachlan, Burnet, Tex. 59:43.6—John was the only competitor, unfortunately. Open 10 Km, same place—1. Mike Dewitt, Lakeshore Olympians 49:49.6 2. Larry Larson, LO 54:42.8 3. Dennis Zielinski 57:39.6 4. Herb Davis, Harvey TC 60:52.8 5. Kevin Georgehegan, Green & Gold AC 65:33.4 20 Km (track), Columbia, Mo., May 3—1. Augie Hirt 1:41:59 2. Larry Young 1:44:01 (led by 4 seconds at 10 miles in 1:21:09 but had to stroll in.) 3. Al Schrik 1:47:39 4. Leonard Busen 1:58:55 5. Rob Spier 2:16:10 Women's 5 Km, same place—1. Judy Hyten 31:02 2. Joyce Schulte 37:36 3. Pam Simms 38:04 Walk-Run Pentathlon, Columbia, April 26—1. Augie Hirt 2593 points (15:34 2 Mile walk, 2:20.4 880 run, 7:22.2 Mile walk, 11:48 2 Mile run, 26.2 220 2. Randy Mann 2200 (15:55, 2:29.2, 7:54.6, 13:41, 24.5)—17 competitors 1 Hour, Longmont, Col., May 10—1. Jerry Brown 8 Miles 438 yds (7:09, 14:25, 21:54, 29:12, 36:24, 43:47, 51:05, 58:24) 2. Chuck Hunter 6 mi 560 yds 5 Mile, Longmont, May 13—1. Jerry Brown 35:33.4 2. Chuck Hunter 46:37 (Jerry had 6:56, 14:02, 21:09, and 28:27) BMAU 10 Km, Boulder, May 18—1. Jerry Brown 47:02 (7:12, 14:46, 22:24, 20:01, 37:47, 45:31) 2. Floyd Godwin 52:33 3. Greg McGuire 53:05 4. Mike Young 60:19 5. Bob Carlson 62:00 6. George Lundmark 63:21 7. Gail Bristow 70:38 10 Km (track), Mt. SAC Relays, Walnut, Cal., April 26—1. Ed Bouldin 47:57.2 2. Wayne Glusker 49:38.2 3. Enrique Vera, Mex. 49:41.8 4. Bob Hickey 50:48.2 5. John Kelly 51:03 6. Manny Adriano 54:57.4 7. Bob Long 59:10 8. Harold McWilliams 59:18 9. Travis Veon 62:58.5 10. Ken Isaacs DNF: Steve DeBernardo—Starting time changed from 9:15 to 9:15 and Ron Laird and Larry Walker were among those missing start. 5 Km, same place, 12:15 p.m.—1. Larry Walker 22:07.2 2. Ron Laird 23:10.2 3. Bob Hickey n.t. 4. James Brownlee 26:39.2 5. James Fields 29:09.2 6. Greg Brentley DQ at finish—Steve DeBernardo and Ed Bouldin Women's 5 Km, same place—1. Sue Brodock 25:10.2 2. Ester Marquez 26:28.8 3. Lisa Matheny 27:02.8 4. Linda Brodock 27:18.2 5. Cindi Johnson, n.t. 6. Teri Teegarden 28:29.4 7. Karlane Waskow 10 Km, Sepulveda, Cal., April 19—1. Larry Walker 46:38 2. Ron Laird 47:22 3. Steve DeBernardo 49:35 4. Carl Swift 49:54 5. Bob Hickey 53:04 6. John Kelly 54:42 7. David Hall 56:10 8. Richard Quist 58:24 9. Hal McWilliams 60:41 10. Marty Lipstein 71:02 11. Larry Aviles 71:04 DNF—Ed Bouldin Boy's 12-13 2 Mile, same place—1. Travis Veon 19:04 2. Greg Brentley 19:11 3. Pat Quinlan 20:07 4. Mark Sailer 21:50 Boy's 14-17 2 Mile, same place—1. Mike Dambroski 17:46 2. Leonard Burkhead 17:57 3. Michael Slates 20:27 5 Km, De Anza, Cal., April 6—1. Wayne Glusker 23:07 2. Bob Korn 23:12 3. Manny Adriano 24:57 4. Jim Brownlee 26:22 5. Bill Flint 30:42 PA AAU 1 Hour, April 13—1. Wayne Glusker 7 mi 1433 yds 2. Bill Ranney 7 mi 994 yds 3. Manny Adriano 7 mi 412 yds 4. Bryan Snavelle 6 mi 1592 yds 6. Roger Duran 6 mi 1523 yds Girl's 1 Mile, San Jose, April 6—1. Chris Sakelarios 7:56.6 2. Amy Spangler 8:59.5 3. Shawna Sewell 9:37.4 Younger Girl's 1 Mile, same place—1. Georgia Sakelarios 8:24.1 3. Laura Spencer 8:30.8 4. Kim Durham 8:42.6 4. Bonnie Jewell 8:57 5. Debbie O'Sullivan 8:58 6. Kim Scriver 9:05

Int. Girl's 1 Mile, Grinda, Cal., April 26—1. Chris Sakelarios 7:47.5 2. Amy Spangler 8:46 3. Shawna Sewell 9:12 Women's 1 Mile, same place—1. Diana Dimnick 8:27.0 2. Sandy Briscoe 8:37.9 NAAI District 2, 10 Km McMinnville, Ore., May 17—1. Rob Frank 49:20.4 2. Jim Bean 50:25.4 (both Oregon College) 3. Jeff Reynolds, Eastern Oregon 53:08.6 4. Duke Henslee, Oregon College 53:36.8 5. Wilt Jackson, Lewis & Clark 53:37 6. John McCabe, L&C 55:44.2 7. Brian Conway, Linfield 61:14.6 Oregon 5 Km, Portland, May 4—1. Jim Bean 23:46 2. Bob Frank 24:02 3. John McCabe 26:59 4. Duke Henslee 27:14 5. Steve Corrig 28:27 6. Steve Robinson 28:30 7. D. Johnson 29:48 8. Dave Farber 34:46 Special 10 Km, same place—1. Wilt Jackson 53:54.6 2 Mile, Mt. Hood Relays, Ore. April 19—1. Jim Bean 14:55 2. Rob Frank 15:01.6 3. Doug VerHeer 17:00.8 4. Scott Massinger 17:40.6 5. Don Jacobs 19:42 10 Km, Mornmouth, Ore. April 26—1. Jim Bean 49:46 2. Rob Frank 50:16 3. Bob Gray 54:40 4. Jeff Reynolds 54:42 5. John McCabe 55:40 6. Duke Henslee 55:25 7. Tim Wason 56:42 10 Km, Mornmouth, April 29—1. Rob Frank 50:32 2. Jim Bean 52:46 (score back) 3. Duke Henslee 55:34 PWW 20 Km, Seattle, May 3—1. Jim Bean 1:40:27 2. Pete Benko 1:49:51 3. Paul Kaald 2:05:30 5 Mile Mornmouth, Ore., April 12—1. Jim Bean 39:45 2. Rob Frank 39:54 3. Scott Massinger 45:34 4. Don Jacobs 52:25 Some results we missed before: 10 Km (vs. 15 km runners), Seattle, Feb. 1—3. Bob Rosencrans 49:21 (first walker) 1 Mile, Seattle, Feb. 1—1. Bob Rosencrans 7:20 2. Evan Shull 7:48 3. Pete Benko 8:05 4. Paul Merca 9:14 DQ'd: Steve Giever 7:48 and Dick Arkley 8:19 30 Km, Westbury, N.Y., May 18—1. Ron Daniel 2:40:40 2. Bob Falcicola 2:43:38 3. Gary Westerfield 2:45:28 4. John Leonard (age 18) 2:51:58 5. Mike Dulke 2:56:27 6. Ion Barbu 2:56:67 7. John Shilling 2:59:31 8. Shaul Ladany 3:00:10 9. Alan Price 3:01:39 10. Don Johnson 3:14:08 11. Fred Spector 3:16:28 12. Wm Miller 3:31:51 20 Km, Ottawa, Can., April 26 (windy, occasional rain and snow)—1. Marcel Jobin 1:37:35 2. Alex Oakley 1:38:39 3. Pat Farrelly 1:38:43 4. Karl Merschens 1:41:07 5. Helmut Boeck 1:42:51 6. Glenn Sweazey 1:42:54 7. Tom Manske 1:44:30 8. Yvon Groulx 1:46:01 9. Joel Bada 1:55:52 10 Km, same place—1. Pierre Leblanc 51:29 2. Luc Manard 51:32 3. Brian Burke 52:31 4. C. Filto 52:56 5. Denis Leblanc 54:02 6. Herman Beaulieu 54:28 10 Km (track), Toronto, May 10—1. Alex Oakley 47:15.2 2. Helmut Boeck 51:51 Women's 3 Km, Quebec, May 10—1. Jacynthe Therberge 17:07 2. Jeanne Sasseville 18:18 10 Km, same place—1. Michel Lepino 50:58 2. Yvon Groulx 51:00 3. Claude Filteau 53:38 4. Joel Bada 54:14 5. Hermann Beaulieu 54:32 Bert Lefe Memorial 10 Km, Toronto, May 18—1. Alex Oakley 46:53 2. Karl Merschens 48:33 3. Helmut Boeck 48:38 4. Felix Cappella 48:59 5. Glenn Sweazey 49:15 6. Frank Johnson 49:20 7. Max Gould 51:45 8. Jim Dunn 67:22 OVERSEAS: Jr. 10 Km (road), Poland April 20—1. Wieslaw Cieslak 45:26.6 20 Km, same place—1. Jozeflaw Kazmierski 1:30:38 2. Boguslaw Seidel 1:32:18 3. Jan Raszka 1:34:13 4. Stanislaw Chwiej 1:35:32 10 Km (track), same place—1. Jerzy Pater 42:18.6 2. Boguslaw Kmiecik 42:21.2 3. Romuald Rejmer 43:57.4 4. Wieslaw Cieslak 44:15.4 5. Zbigniew Goslawski 45:25.6 6. Jozef Barbutzinski 45:30.6 7. Marik Kasprzyk 46:45 Jr. 20 Km, Poland, April 6—1. Wieslaw Cieslak 1:30:12 20 Km, Poland, April 6—1. Boguslaw Duda 1:27:52.2 2. Jaroslaw Kazmierski 1:27:52.4 3. Mieczyslaw Gorski 1:28:59.6 4. Feliks Sliwinski 1:29:11 5. Romuald Rejmer 1:31:12.2 6. Zbigniew Goslawski 1:31:26 7. Jerzy Jackiewicz 1:32:38 8. Boguslaw Seidel 1:32:46.8 50 Km, same place—1. Boguslaw Kmiecik 4:10:40.8 2. Jerzy Pater 4:11:11.4 3. Bohdan Blakowski 4:13:45.4

Whoops! One more Canadian result.—20 Km, Sept-Isles, Quebec, May 18—
 1. Marcel Jobin 1:36:50 2. Pierre Leblanc 1:43:45 3. Hermann Beaulieu
 1:51:33
 Women's 10 Km, Hamburg, WG, March 30—1. Heike Penner 55:52 2. Regina
 Broders 57:28 20 Km, Raunheim, WG, April 13—1. Bernd Kannenberg 1:29:01.8
 2. Gerhard Weidner 1:29:20.8 (both 44:19 at 10) 3. Yoshio Morikawa, Jap.
 1:32:39.8 20 Km, Walsrod, WG, April 6—1. Gerhard Weidner 1:30:14.6
 2 Hours, Barcelona, Spain, Feb. 9—1. Jose Marin 25,846 meters (1:38:06
 at 20 and 1:55:48 at 25, all Spanish records) 20 Km, Russe, Bulg., April
 13—1. Rugoslav Duda, Pol 1:30:19.4 2. Ion Stanesco, Rum 1:30:58.22
 3. Nicolae Maxim, Rum 1:32:15.2 4. Vinko Galashio, Yug 1:32:48.4 5.
 Stefan Tzukev, Bulg 1:33:12.2 2 Miles (Indoor), Kosice, Czech., March 15—
 1. Jozef Sabo 13:21 2. Emil Ruscak 13:24.8 3. Pavol Sikora 13:32
 3 Km (Indoor), Genova, Italy, Feb. 18—1. Vittorio Visini 11:59.4 2.
 Giuseppe Fabbrì 12:23.6 3. Guido Battistin 12:36.6 20 Km, Malmö, Swed.
 April 27—1. Bengt Simonsen 1:29:58.6 (45:20, 1:07:56) 2. Daniel Björk-
 gren 1:31:09.6 20 Km (track), Saint-Maur, Fr., April 20—1. Jean Piere
 Garcia 1:32:37.2 30 Km, Berlin, EG, May 13—1. Lutz Lipkowski 2:18:08.4
 (track) 20 Km, Leipzig, EG, April 4—1. Hans-Georg Reimann 1:28:45
 (43:13, 1:05:25) 2. Olaf Pilarski 1:29:54.4 3. Roland Wiesner 1:31:12
 4. Stefan Müller 1:31:38 20 Km, Droyssig, EG, March 22—1. Lutz Lipkowski
 1:27:45 2. Siegfried Zschneiger 1:28:55 3. Dietmar Hennig 1:30:38
 British 10 Km (track), London, March 29—1. Brian Adams 42:40 2. Roger
 Hills 43:20.8 3. Olly Flynn 44:25.8 4. Amos Seddon 44:59 5. Alan
 Smallwood 45:16.6 6. Carl Lawton 46:20 20 Km, Lond n, April 5—1. Peter
 Selby 93:56 2. Alan Buchanan 94:07 20 Km, Leeds, Eng., March 31—1.
 Bob Dobson 94:52 10 Mile, Hendon, Eng., April 2—1. Bob Dobson 73:10
 2. Amos Seddon 74:59

SCHEDULE OF IMPORTANT, SEMI-IMPORTANT, AND MOST UNIMPORTANT RACES

(Diplomats that we are, we aren't saying which are which, however.)

Tues., June 10—Met. AAU and Open 10 Km, Kings Point, N.Y. (I)
 5 Km and 1 Mile, Seattle, 8:30 p.m. (E)
 Wed. June 11—5 Mile, Cambridge, Mass. (W)
 Sat. June 14—NAAU JUNIOR 10 KM, KNOXVILLE, TENN. (I) (or on the 13th)
 2 Mile, Etobicoke, Ont. (O)
 1 Mile, Newton, Iowa, 6 p.m. (P)
 Met. AAU and Open 1 Hour, Kings Point (I)
 Sun. June 15—NJ AAU 2 Mile, W. Long Branch, N.J. (H)
 Mon. June 16—3.4 Mile, Long Branch, N.J. 7 p.m. (H)
 Tues., June 17—5 Km and 1 Mile, Seattle (E)
 Wed. June 18—5.5 Mile, Lowell, Mass. (W)
 Sat. June 21—NAAU SENIOR 5 KM, EUGENE, ORE. (A)
 1 Hour, Boulder, Colo. (X)
 Sun. June 22—20 Km, Midland, Ontario (O)
 5 Km, Kenosha, Wis. (Q)
 Mon. June 23—3.4 Mile, Long Branch, N.J. 7 p.m. (H)
 Tues. June 24—5 Km, 1 Mile, Seattle (E)
 Wed. June 25—5 Mile, Cambridge, Mass. (W)
 Fri. June 27—WOMEN'S NAAU 1 MILE, WHITE PLAINS, N.Y. (I)
 Sat. June 28—1 Mile, Newton, Iowa, 6 p.m. (P)
 Seniors Olympics Walks, U.C Irvine (also Sunday)
 PNW AAU 1 Hour, Seattle (E)
 Sun. June 29—Charles Silcock 50 Km, Westbury, N.Y. 8:30 a.m. (R)
 Mon. June 30—3.4 Mile, Long Branch, N.J., 7 p.m. (H)
 Fri. July 4—NAAU B 25 KM, KENOSHA, WIS., 9 a.m. (Q)

Sat. July 5—NAAU JR. 35 KM, PITTSBURGH, PA. (G)
 Whoops! That B 25 Km just listed for Friday should be
 here; I missed the little arrow I had put on my calendar.
 3 Mile, Columbia, Mo., 9 a.m. (F)
 Sun. July 6—NAAU SENIOR 10 KM, BRIDGEPORT, CONN. (B)
 20 Km and Junior 10 Km, Toronto, 9 a.m. (O)
 Mon. July 7—3.4 Mile, Long Branch, N.J., 7 p.m. (H)
 Sat. July 12—Wis. AAU 5 Km, Milwaukee (Q)
 Sun. July 13—Iowa 1 Hour, Ankeny, 8 a.m. (P)
 15 Km, Kenosha, Wis., 10 a.m. (Q)
 10 Km Hdcp. Kings Point, N.Y., 10 a.m. (R)
 Midwest Regional 5 Km and 25 Km, Chicago, 9 a.m. (Y)
 Mon. July 14—3.4 Mile, Long Branch, N.J., 7 p.m. (H)
 Sun. July 20—NAAU JUNIOR 20 KM, LONG BRANCH, N.J. (H)
 Ontario Senior 20 Km, (O)
 5 Km Hdcp. Kings Point, N.Y. 11 a.m. (R)
 NEAAU 20 Km, Taunton, Mass (W)
 Sat. July 26—Iowa 15 Km, Women's 3 Km, Woodward, 6:30 a.m. (P)
 Sun. July 27—NAAU SENIOR, B, AND MASTER'S 40 KM, LONG BRANCH, N.J. (H)
 Mon. July 28—3.4 Mile, Long Branch, N.J., 7 p.m. (H)
 Fri. Aug. 1—NAAU Master's 5 Km and 20 Km, White Plains, N.Y. (K)
 (Through Sunday)
 Sat. Aug. 2—5 Mile (track), Cedar Rapids, Iowa 9 a.m. (P)
 20 Km, Columbia, Mo. 6:30 a.m. (F)
 Sun. Aug. 3—Canadian Junior 10 Km, Alberta or British Columbia (O)
 Mon. Aug. 4—3.4 Mile, Long Branch, N.J., 7 p.m. (H)
 Sun. Aug. 10—10 Km Hdcp. Kings Point, N.Y. (R)
 RMAAU 20 Km, Boulder, Colo., 7:30 a.m. (X)

Contacts:

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 E—Dean Ingram, 507 Cobb Building, Seattle, WA 98101
 F—Joe Duncan, 4004 Daffoe, Columbia, Mo. 65201
 H—Elliott Derman, 28 N. Locust, W. Long Branch, N.J. 07764
 I—Bruce MacDonald, 29 Fairview Ave., Port Washington, N.Y. 11050
 K—Bob Fine, Masters Sports Association, 11 Park Place, New York, NY 10007
 O—Doug Walker, 29 Alhambra Ave., Toronto, Ont., Can.
 P—Dave Eidahl, Box 209, Richland, Ia 52585
 Q—Larry Larson, 909 Ostergaard Ave., Racine, WI 53406
 R—Gary Westerfield, 36 Norman Drive, Centereach, N.Y. 11001
 W—Fred Brown, 151 Walsh St., Medford, MA 02155
 X—Pete VanArsdale, 2050 Athens, Boulder, CO 80302
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 *The Ohio Race Walker, wholly dependent on what mail arrives * * * * *
 at 3184 Summit St., Columbus, Ohio 43202, during the course
 of each month, issues froth (well not usually, but lets
 correct that to forth) from same address towards the first
 of each month. Obviously, we really have no editor, but
 claiming that title, as well as Publisher, Business Manager,
 Circulation Manager, and Etc. Manager, is Jack Mortland. Sub-
 scription rate is \$3.00 per year. The little drawing at the
 write comes from Dansk Gangforbund, a Danish race-walking pub-
 lication. I have no idea what it says but think it very nice that Snoop
 and Good Ol' wishy-washy Charlie are used internationally, even in race-
 walking journals. (And veteran readers will recall that Snoopy has
 appeared in these pages before.)

Modtag min
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Ron Laird was a surprising no show at the National 15, reportedly having lost some of that sharp edge he had in early spring. But one has to feel that he will appear at the 20 this weekend and be ready to go. If in the sort of shape he showed in March, he has to be a strong favorite. If not, the race is rather wide open. (Actually, probably history by the time you read this.) John Knifton, off his strong 15 Km victory over leading contenders Tom Dooley and Bob Henderson, has to rate high. Jerry Brown, the defender, looks ready to defend off his local races but he has not faced real competition yet this year. Larry Walker has been taking Laird's measure in shorter races and is always a contender, but usually not quite trained for a 20. Dave Romansky and Bob Kitchen can't be counted out, and what of the mysterious Todd Scully back in the Virginia forests. Larry Young is not quite ready yet, but will be by the time of the Pan-Am trials....Speaking of the Pan-Am trials, they are now in Eugene, not Bakersfield, still mid-August. Contact Bruce MacDonald.... The National Jr. 25 Km in Seattle has been switched from July 5 to Aug. 30 with a 4 miler to follow the next day for the real enthusiasts.... A limited supply of Tiger G-14 Walking Shoes is apparently available through John Bork, Onitsuka Company, Ltd., 13512 New Hope St., Garden Grove, CA 92640. Larry Larson got a pair for \$16.00 on May 15. These are in stock for promotional purposes and this is the only place in the country that they are available....National Master's Postal winners to date are Dave Leuthold in March's 25 Km with 2:43:35 and Leonard Bisen in April's 1 Hour with 6 miles 1441 yds. Since the same two were second in the race won by the other, they are now tied for the seasonal lead with 11 points a piece. The event for June is 15 Km. Contact Dave Leuthold, 1501 Ross Street, Columbia, Mo. 65201....Connecticut's Howard Barnes got a good writeup on his race-walking endeavors in the Hartford Courant back in March. That is, except for one quote, as follows: "Both of your feet are always on the ground at the same time." He wonders if he really said that. Obviously, he must have, because we journalists don't make mistakes....An interesting situation occurred at the NAAU 75 Km regarding the team championship. And what it boils down to, and what probably needs to be resolved, is what constitutes dropping out of a long-distance race. In this case, a North Medford competitor stopped because of an injury to the back of the knee. As the race neared its completion, it was apparent that if this competitor could get back in and finish the race, North Medford would win by one point in the team race. He did start walking again, but it was immediately pointed out by the opposition that he could not finish within the 1 1/2 hour limit stated on the entry blank and therefore could not be an official finisher. The situation was resolved in this case when he found he could not continue. However, it would seem that a couple of issues need to be resolved before such a situation creates real controversy. First, we all know that some competitors take breaks in these races, some rather extended, and then go on to finish. Dan O'Connor had to sit out a bit in the one and still got second. So, what constitutes officially retiring from a race? Can you take 3 days to complete a 75 Km race and still be an official finisher? Second, is a time limit given on the entry blank binding, particularly in so far as any team-scoring may go? Now that we have two "ultra-Distance" races on the National schedule, these questions need to be considered and resolved....Tom Knatt writes: "I am very pissed (urinated) (the Ohio Racewalker is a very straight-laced publication and will not use such obscenities as "pissed" in print) at the AAU for changing the date of National 20 Km. I took a demand schedule flight to San Francisco for the occasion—entirely at my own expense—and lost my deposit of \$40.00 when the race was changed

because I didn't want to go then. It seems to me there is no good reason to change a race date 1 month before the race. It would also be very interesting to find out what (if any) the rules for travel expenses are. The main question is: What are the criteria for awarding such expenses? Do various associations award them on their own whim, or what? This year, Will Rogers, BAA, marathon runner, was given \$150 by the New England AAU to go to Florida and compete in a qualifying race for a cross country race in Morocco. He clearly deserved the award and finished third in Morocco. However, last year, I paid my own way to Seattle to compete in the National 50, was selected for the International team against Canada and paid my way to Canada. I learned in Canada that Augie Hirt had received some help from the Missouri Valley AAU to go to the race, so I applied to the New England AAU after returning. I was refused (which is of course their prerogative) but they also insisted that I had competed illegally because I had no travel permit and that the room and board I had received had to be reported to the "national body" immediately as expenses that I may or may not have been entitled to. No address for the "national body" was given and the letter was unsigned. Apparently the next step would have been to take away my AAU card and thus deprive me of all the benefits that this august institution bestows on me. Do I need nasty letters in return for requests for funds? What are the criteria for awarding funds anyway? Hope you stir something up with this."....

LOOKING BACK

10 Years Ago (From the May 1965 ORW)—In this our third number, we were finally getting something other than local coverage....Ron Daniel won the Asbury Park 10 miler in a close race with Art Mark, Paul Schell, and Dean Rasmussen in 1:20:04....The British 10 Mile went to Paul Nhill in 74:55, 27 seconds ahead of Ron Wallwork....On the local scene, Jack Blackburn blistered the Doc Blackburn blacktop, backyard track for 18.7 laps and 14:05 to 14:08 two mile victory over your editor....A week later it was the Mort's turn with a 77:36 for 10 miles as Blackburn went 8 seconds under the 80 minute barrier....A couple of weeks later, Mortland prevailed again with a 47:51 for 10 Km in mid-80's heat....In a late note, Dean Rasmussen won the national 50 in 5:03:33 in the heat.... 5 Years Ago (From the May 1970 ORW)—Dave Romansky overcame a hill, that was impossible to racewalk up, 12 times to win the National 35 in Des Moines with a 3:13:14.2. Canada's Bob Steadman, Ron Kulik, and another Canadian, Karl Merschenz, were within 3 minutes at the finish. The ORW took the race sponsors to task for selecting what was definitely a non-championship course....Romansky also won the 15 in Nutley, N.J. on a steaming hot day in 1:14 plus (I was at the race, but came back without the official results)....In the ORW's Postal 20 Km, Ron Laird took top honors with a 1:33:35. Tom Dooley had 1:33:56, Goetz Klopfer 1:35:58, and Bill Ranney 1:36:25, as the Athens AC took team honors....Romansky also shattered the record in the Asbury Park 10 miler with a blistering 70:54.4, 4 1/2 minutes ahead of second place Ron Daniel....the Ft. Pleasant track 50 Miler went to Shaul Ladany, of course, in 7:52:04....Jerry Brown, in his first walking race in 5 years, and with just 4 weeks training, came up to Columbus from Louisville to take a 10 mile 460 yd handicap race in 1:30:23. Fast time to Mortland in 1:20:53.8....Also a good article on Heat Illness by Doc Blackburn, repeated from an earlier ORW.